



IRT Kangara Waters Aged Care Centre

Everything you need to know about our community

2 Joy Cummings Place, Belconnen ACT 2617

IRT Kangara Waters

Set in modern architecturally designed buildings, IRT Kangara Waters has been created to enhance the surrounding lake views and natural light at every turn.

With independent living apartments and villas and care suites, this spacious community is perfect for those looking for contemporary living. Everything about IRT Kangara Waters has been designed to make residents as comfortable and welcome as possible.

The co-located retirement village and residential aged care centre offers a unique opportunity to remain as close to friends and family as possible whilst receiving personal and professional care. Residents are supported throughout their entire aged care journey.

IRT Kangara Waters is located within the peaceful ACT suburb of Belconnen, with stunning views of Lake Ginninderra and adjoining parklands.

There's always something interesting going on for you to get involved in at our community. Join in with a range of activities to suit your needs and interests or if you'd prefer some privacy, our landscaped gardens and quiet areas are also available.

Also located within the IRT Kangara Waters community is Movewell, a local seniors health and fitness club. Whether you're looking to enhance strength, improve mobility or just stay proactive, everyone is welcome at Movewell.



Top left - Receive professional care with a personal touch.

Top right - IRT Kangara Waters is a short walk from Westfield Belconnen, which offers shops, services, entertainment and leisure activities.

Bottom - Relax in our outdoor areas.

IRT Kangara Waters Aged Care Centre

Professional aged care with a personal touch

Our aged care centre offers professional personalised care in superior surroundings. Choose from a range of ensuite studios complete with kitchenette, or experience specialised dementia and palliative care in a secure environment. All come with 24/7 professional care with all meals and maintenance taken care of, welcoming communal dining and lounge areas and the opportunity to take part in the many activities organised. Our experienced staff ensure you're comfortable and well cared for.





**Professional
Personalised Care**



**Modern Comfortable
Living**



**Nutritious Meals
and Refreshments**



**Engaging Lifestyle in a
real Community**



**Connect with Family
and Friends**



**Aged Care Centres
that Give Back**



Activities

Get to know your neighbours and discover new pastimes with your choice of community activities and entertainment. Go on outings in the community bus or invite your family and friends to join us for special events in the community centre. Feel included and connected at IRT Kangara Waters.

Food and Beverages

Enjoy seasonally based meals and refreshments in your care suite or community dining room. IRT Catering are experts in tasty, nutritious catering for aged care residents. Be delighted by the dining experience at IRT Kangara Waters.

Journey of Care

IRT applies an innovative approach to residential aged care. Our Journey of Care is a new model of care that personalises the care experience for every resident. We recognise that every care journey is unique and honour the individual diversity of each resident. Our specialised model of care ensures residents age in the right place with the right care needs within our aged care centres.

The IRT Journey of Care incorporates two key elements, neighbourhoods and specialist programs.

Neighbourhoods cater for residents with similar care needs, allowing for staff specialisation, and tailored design of the physical environment and

equipment. They allow families to see their loved one ageing in the right place with the right care needs.

Our specialist programs support resident wellbeing at each stage of their care journey. By working in partnership with leading Australian researchers and health experts, we enrich residents' quality of life, when they need it most.

The Namaste Program is a specialty program offered at selected IRT care centres, including IRT Kangara Waters. It is a unique sensory-based care experience where residents are cared for by trained staff in a purpose-designed room using therapeutic touch, aromatherapy, music and sensory experiences.

Specialised Dementia Care

We provide personalised dementia care with compassion. Our secure care environments and programs are co-designed with Dementia Training Australia and focus on resident wellbeing, community connections and research-based design.

The secure dementia care environments at IRT Kangara Waters enhance resident wellbeing by reducing unhelpful stimuli, increasing helpful stimuli and making it easier for staff to ensure resident safety.

Palliative Care

IRT Kangara Waters provides personalised palliative care with compassion, comfort

and connection when it's needed most. Our specialised palliative care program is founded on extensive experience in end of life care, taking care of your loved one's physical needs and supporting their emotional wellbeing as they face a life limiting illness.

Specially trained staff provide clinical care and support family and friends who are invited to participate and spend quality time with their loved one. When a resident passes away, we offer a range of signature services to honour their memory, such as a guard of honour, memorial items and meaningful room signage.

Aged Care Centre Features



Community Centre



Communal Dining



Landscaped Gardens



Hairdresser



BBQ Area



Visitor Parking



Eateries

On-site Services



Palliative Care



Dementia Care



24/7 Registered Nurse



Namaste Program



On-site Retirement Village





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For more information call **134 478**
or email customerservice@irt.org.au

irt.org.au/kangarawaters-acc



We'd love to show you around our community.

Visit irt.org.au/kangarawaters-acc and book a tour with our friendly team.