



# IRT Tarrawanna Aged Care Centre

Everything you need to know about our community

74-80 Caldwell Ave, Tarrawanna NSW 2518



# IRT Tarrawanna

IRT Tarrawanna has been designed to make residents as comfortable and welcome as possible. With private care suites and secure suites for residents with dementia, this spacious community is perfect for those looking for contemporary living.

Located in the leafy residential area of Tarrawanna, you'll be located just a few minutes' drive to the fantastic shopping and dining areas of both Corrimal and Balgownie, with a range of amenities

and medical services also close by. There's a local village just a short stroll away for day-to-day shopping or a cup of coffee, and a public bus stop right out front, that makes them all easy to access.

There's always something interesting going on for you to do at our community. Join in with a range of activities to suit your needs and interests or if you'd prefer some privacy, our outdoor areas are also available.



**Top left** - Receive professional care with a personal touch at IRT Tarrawanna.

**Top right** - Get something to eat with friends at our on-site café.

**Bottom** - Relax in the shade in our outdoor areas.



# IRT Tarrawanna Aged Care Centre

## Professional aged care with a personal touch

Our aged care centre offers professional personalised care in superior surroundings. Choose from a range of spacious ensuite rooms or experience specialised dementia and palliative care in a secure environment. Built surrounding a central courtyard, all our suites are tastefully and elegantly designed and we encourage you to bring any photos or mementos from home to make your stay even more comfortable. Our experienced staff and Registered Nurses are on hand 24/7 ensuring you're comfortable and well cared for.







**Professional  
Personalised Care**



**Modern Comfortable  
Living**



**Nutritious Meals  
and Refreshments**



**Engaging Lifestyle in a  
real Community**



**Connect with Family  
and Friends**



**Aged Care Centres  
that Give Back**





## Activities

Get to know your neighbours and discover new pastimes with your choice of community activities, entertainment and wellbeing programs. Go on community outings or invite your family and friends to join us for special events. Feel included and connected at IRT Tarrawanna.

## Food and Beverages

Enjoy seasonally based meals and refreshments in your care suite or community dining room. IRT Catering are experts in tasty, nutritious catering for aged care residents. Be delighted by the dining experience at IRT Tarrawanna.

## Journey of Care

IRT applies an innovative approach to residential aged care. Our Journey of Care is a new model of care that personalises the care experience for every resident. We recognise that every care journey is unique and honour the individual diversity of each resident. Our specialised model of care ensures residents age in the right place with the right care needs within our aged care centres.

The IRT Journey of Care incorporates two key elements, neighbourhoods and specialist programs.

IRT's aged care centre neighbourhoods are specific needs-based residential areas within our aged care centres that cater for residents who require similar care. This allows for staff specialisation and tailored design of the

physical environment and equipment in each neighbourhood, ensuring families see their loved one ageing in the right place with the right care.

Our specialist programs support resident wellbeing at each stage of their care journey. By working in partnership with leading Australian researchers and health experts, we enrich residents' quality of life, when they need it most.

The Namaste Program is a specialty program offered at selected IRT care centres, including IRT Tarrawanna. It is a unique sensory-based care experience where residents are cared for by trained staff in a purpose-designed room using therapeutic touch, aromatherapy, music and sensory experiences.

## Specialised Dementia Care

We provide personalised dementia care with compassion. Our secure care environments and programs are co-designed with Dementia Training Australia and focus on resident wellbeing, community connections and research-based design.

The secure dementia care environments at IRT Tarrawanna enhance resident wellbeing by reducing unhelpful stimuli, increasing helpful stimuli and making it easier for staff to ensure resident safety.

## Palliative Care

IRT Tarrawanna provides personalised palliative care with compassion, comfort and connection when it's needed most. Our specialised palliative



care program is founded on extensive experience in end of life care, taking care of your loved one's physical needs and supporting their emotional wellbeing as they face a life limiting illness.

Specially trained staff provide clinical care and support family and friends who are invited to

participate and spend quality time with their loved one. When a resident passes away, we offer a range of signature services to honour their memory, such as a guard of honour, memorial items and meaningful room signage.

## Aged Care Centre Features



Community Centre



Communal Dining



Community Bus



Hairdresser



Landscaped Gardens



Visitor Parking



BBQ Area



Eateries

## On-site Services



Palliative Care



Dementia Care



24/7 Registered Nurse



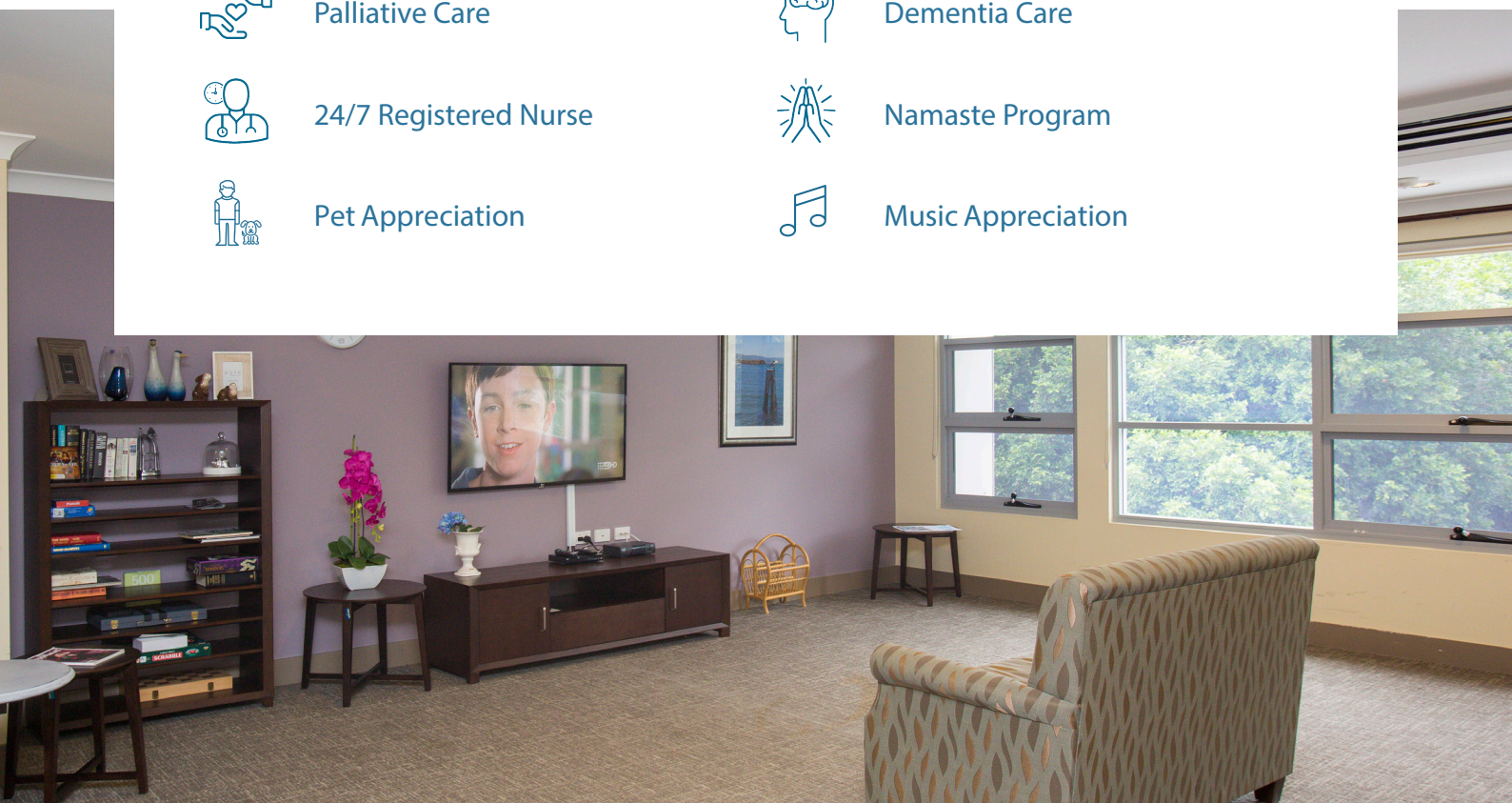
Namaste Program



Pet Appreciation



Music Appreciation





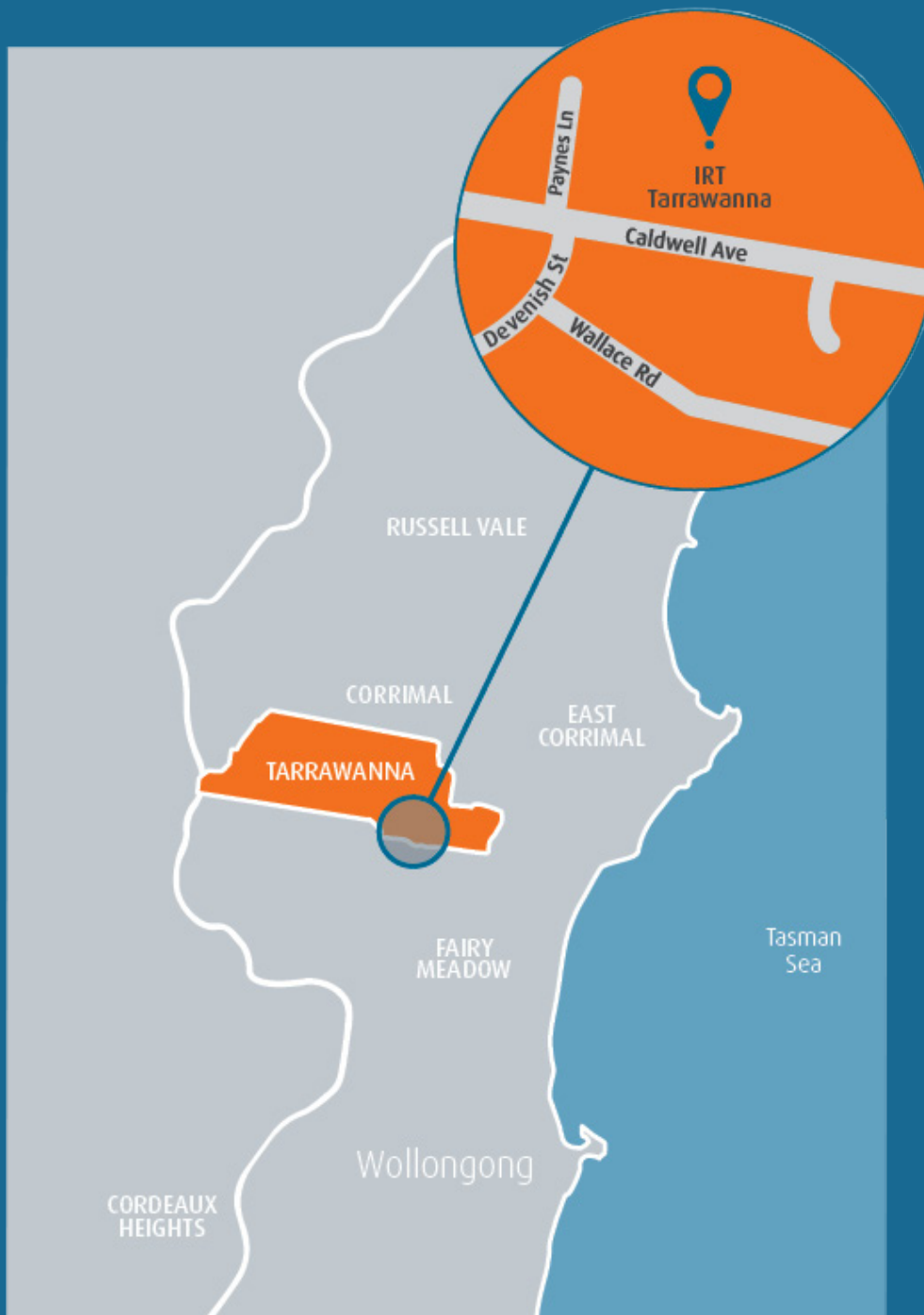


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For more information call **134 478**  
or email [customerservice@irt.org.au](mailto:customerservice@irt.org.au)

[irt.org.au/tarrawanna](http://irt.org.au/tarrawanna)



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